

➤ **2 invited plenaries (2x30 min)**

9h-9h30: **Peter Jones**, University of Manitoba, Canada – *Individual variation in responses to stanol/sterol esters and PUFA*

9h30-10h00: **Anne Marie Minihaue**, University of East Anglia, UK – *Fish oils and cardiovascular health: role of Apolipoprotein genotypes*

➤ **2 POSITIVE WGs talks on main findings of WG1 and WG2 (2x20 min)**

10h-10h20: **Tom Van de Wiele**, Ghent University, Belgium – *Interindividual variability in the absorption, distribution, metabolism and excretion of plant food bioactives*

10h20-10h40: **Ana Rodriguez-Matéos**, Univ Dusseldorf, Germany - *variability in the biological responsiveness of plant food bioactives regarding cardiometabolic endpoints*

Pause (20 min)

➤ **6 short oral communications (6x15 min)**

11.10h-11h25: González-Sarrías A et al, Spain  
Urolithin metabolite clustering determines the effect of pomegranate consumption on lipid cardiometabolic biomarkers. Evidence from a double-blind, cross-over, dose-response, randomized, placebo-controlled trial.

11h25-11h40: Williamson G et al, UK  
Intra- and inter-individual variation in urinary excretion of metabolites of phenolic acids after consumption of coffee

11h40-11h55: Barber-Chamoux N, Milenkovic D et al, France  
Acute intake of curcumin differently affects endothelial function and nutrigenomic response in male and female smokers: a randomized controlled trial

11h55-12h10: Pinto P et al, Portugal  
Inter-individual variability in response to the intake of flavonols on blood lipid levels: a meta-analysis of randomized controlled human trials

12h10-12h25: Rosario Bronze M, Portugal  
Effect of a Functional Fruit Concentrate on post-prandial glycaemic response in pre-diabetes and type 2 diabetes patients: exploring the inter-individual variation

12h25-12h40: Mena P, Italy  
Inter-individual variability in the combined production of metabolites from green tea flavan-3-ols and coffee chlorogenic acids